

Community mental health tobacco treatment training

Training guide: Module 7

Carbon monoxide monitoring

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Carbon monoxide monitoring

Importance:

Practitioners need to understand routine use of carbon monoxide monitoring to identify smokers, interpreting and how to use as a motivational tool with SMI clients who smokers.]

Purpose:

- Show understanding of the principles and methodology of carbon monoxide (CO) monitoring.
- Explain the reasons for measuring CO to assess current self-reported and CO-validated smoking behaviour and deal appropriately with any discrepancies that may arise between these.
- Use expired air CO measurement as a motivational tool to assess the extent of a client's smoke exposure.

Brief description of training module:

Brief PowerPoint with presenter notes demonstration of CO testing & interactive small group work to include an action learning session utilizing CO monitors.

Process:

- Group discussion
- CO Demonstration

Resources:

- PowerPoint presentation
- Carbon monoxide monitor, mouthpiece and wipes

Presenter's notes

Presenter's notes are found in the notes view of the PowerPoint slides. The presenter's notes provide a suggested method for presenting training content and identify where course activities occur. The sources for information and data presented are also included in the presenter's notes.